

Humble yourself

Day

4

1 Peter 5:6-7 Therefore humble yourselves under the mighty hand of God that he may exalt you in due time, casting all your care upon him, because he cares for you.



Sit back and think for a second, "What if this isn't about me?"

I remember standing in line at a drug store with sinus medication in one hand and Vapo Rub in the other, anxious to get to work early to catch up on emails. I got stuck behind a lady paying for her lotto ticket with pocket change and remember thinking, "Seriously? Is she going to count out each penny?" Each moment that passed was another email unanswered.

I quickly paid for the medication and remote started my car as soon as I walked out the door and noticed that Lotto Lady had parked next to me. She was standing at the passenger side door blocking my driver's side entry, when I witnessed someone from inside her car yank the lotto ticket from her hand and bark, "Took you long enough!" Lotto lady noticed me and gave me a wry grin. She shrugged and said, "daddy gets cranky if he doesn't get his numbers."

I sat in my car and felt such remorse and shame for where my heart was. How much of my life circles around me and the next hundred moves I should make? How much of my life is spent in such a self-centered way?

God cares for us and wants us to cast our cares upon him. When we do that, we are free to see the needs of others. I was so wrapped up in my illness and busy work that I didn't see the needs of others. Today, let's cast every care upon Him so that we might have eyes to see and ears to hear those around us who are in need.

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Use this space to journal your thoughts for Day 4



Think of a stressful situation you have going on right now. Pray and ask God to show you who really should be front and center. Who is placed on your heart? What do you think their needs are? What one thing can you do to care for them?



Where do you need to open your eyes to better see the needs of those around you? Where can you make the most impact?